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HOUSE OF LORDS,
SW1A 0PW

5 July 1984

Prime Minister (2)

!

Norman letter!

not

My dear Norman:

DIET AND CARDIOVASCULAR DISEASE

will request if required.

In your letter of 2nd July to Willie Whitelaw enclosing your Chief Medical Officer's Committee on Medical Aspects of Food Policy Report, you proposed that there should be a Press Conference on the day of publication but you do not think that Ministerial involvement would be appropriate. I agree.

I have lived through too many of these pontifications by fashionable dieticians who change diagnosis and prescription every five years to believe any of them. What I do believe is that excess kills. A little of what you fancy does you good. But let it remain a little. There is a great temptation for Governments to join the bandwagon of vitamins, fibre, etc. They should distance themselves from all this. Fashions change.

est

De gustibus non disputandum.

I am copying this as you did yours.

yrs:

The Right Honourable
Norman Fowler, M.P.,
Secretary of State for
Social Services.

19 JUL 1964

